

JV Tennis Expectations & Goals

1. **We are a TEAM.** High fives and encouragement will be abundant. TEAM also means we are all counting on each other to attend ALL practices and matches. Exceptions should be rare and I need to know ahead of time as much as possible.
2. **Bring your BEST EFFORT.** That doesn't mean always winning, but it does mean giving it everything you've got on the practice courts as well as matches. We will compete and work hard! We will also have a lot of FUN.
3. **CHARACTER & FAITH FORMATION.** We will talk a lot about our responsibility to represent Christ in our community. We will be a team of uncompromising integrity, honesty, determination and grace.
4. **VARSITY BOUND.** Our goal is that NEXT YEAR players will try out for a spot on varsity. They will progress this year in the fundamentals, strategy and passion for the game.
5. We will be aligned with Coach Tim's goals for varsity - **Our student-athletes will be technically sound, strategically smart, mentally tough, physically fit, and most importantly, centered in Christ.**
6. All players **must be able to serve, rally and score their own matches.**
7. Specific skills we will work on:
 1. **Serve** // no wimpy second serves
 2. **Consistent Ground strokes** // consistency/accuracy over power
 3. **Aggressive Net Play** - doubles is won at the net
 4. **Lobs** // lobs are your friend
 5. Movement // speed, anticipation, busy feet (still head, calm hands)
 6. Attitude // determined, tenacious, positive

